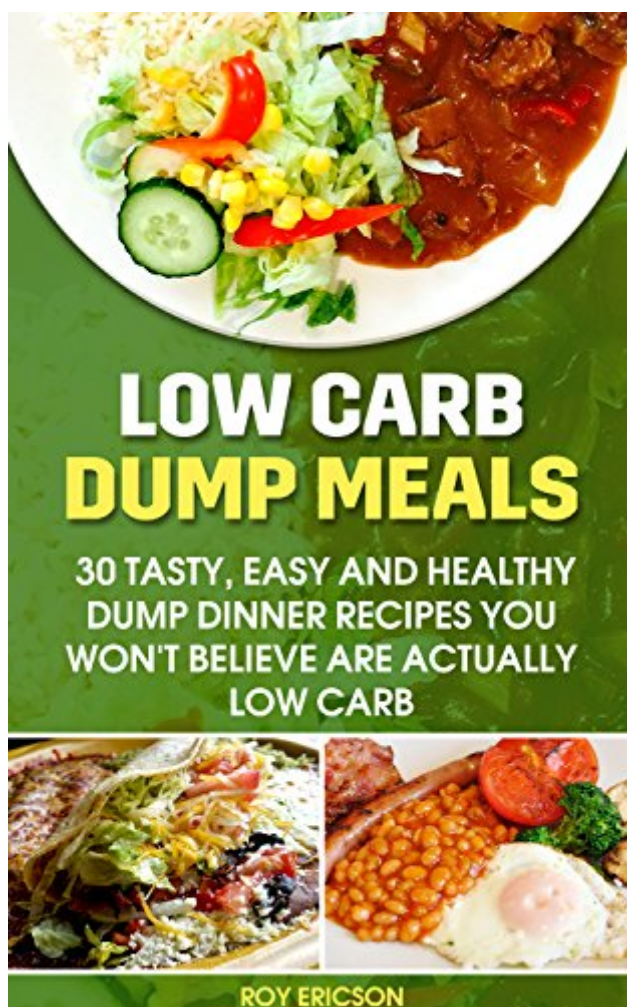


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I liked the new diet choices that used realistic ingredients locally available at reasonable prices.

Wish some suggestions for individuals with allergies to some common foods.

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